



Arizona College

Massage Therapy Diploma Courses

Massage Theory and Technique

- MTM 125 Massage for Special Populations
- MTM 155 Swedish Massage
- MTM 185 Eastern and Energetic Approaches
- MTM 195 Client Care in Massage Therapy
- MTM 200 Clinical Practicum
- MTM 210 Spa Techniques
- MTM 215 Sports and Injury Massage
- MTM 230 Muscular System: Spine and Thorax
- MTM 240 Spine and Thorax Palpations
- MTM 250 Pain Solutions in Massage Therapy
- MTM 260 Muscular System: Lower Body
- MTM 270 Lower Body Palpations
- MTM 280 Muscular System: Upper Body
- MTM 290 Upper Body Palpations
- MTM 300 Advanced Clinical Practicum

Anatomy and Physiology

- MTA 105 Anatomy and Physiology
- MTA 130 Circulation and Body Defense
- MTA 135 Bodily Communication and Control
- MTA 150 History, Theory, and Client Communication
- MTA 160 Metabolic Processes, Elimination, and Reproduction